

User Authorization and Request for NMR Training

Please complete this form and return it to the NMR Facility Director, you can email the training form to Dr. Qu yqu@vcu.edu or drop it to Temple 3306 door file folder. You are encouraged not to start training until you plan to start using the spectrometers for research. Training is done individually, on a user-provided sample and the user's research group account only. Please email Dr. Qu yqu@vcu.edu if you have any questions about this form or the training.

User's Name (please print) _____ Position (Status) _____

E-mail _____ Department /Institution _____

Lab phone # _____ Lab location /Building _____ Room # _____

Available times for training (Each training session is 30-45 minutes check all that apply)*

	Monday	Tuesday	Wednesday	Thursday	Friday
AM					
PM					

Faculty (Principal Investigator) approval

PI's Name (please print) _____ Phone# _____

Budget Code _____

PI's Signature _____ Date _____ / _____ / _____

*Download & Read the 400NMR Instruction or 600NMR Instruction if the training on the 600 MHz NMR at <https://chemistry.vcu.edu/research/facilities/the-nuclear-magnetic-resonance-center/>